



## FOOD MENU

### Market Table

75

A Selection of fresh salads, locally sourced organic vegetables, European cheese, Halal cold cuts, country plate, rustic breads, marinated olives & antipasti, cakes and cookies

### Starters

#### The Daily Soup\*

36

Ask your friendly Rovester for our special soup of the day

#### Crispy Calamari\*

47

Chili marinated squid rings, semolina breaded, crispy rucicola & capers, lemon tartar sauce (S,G,D)

#### Lemon Baked Prawns\*

53

Herb marinated baked prawns, poached tomato concasse, burnt lemon, fresh herbs, grilled ciabatta (S,GF,D)

#### Melted Camembert Cheese\*

43

Braised balsamic onions, camembert cheese, Kalamata olives, fresh sage, toasted rustic bread (D,V,G)

#### Prawn Fajita Taco\*

53

Sautéed tiger prawns, roast peppers, chipotle mayo, roasted tomatillo salsa, avocado, coriander (S,G)

### Greens

#### Rove Caesar Salad\*

59

Romaine lettuce, garlic crouton, radish, turkey bacon, garlic Caesar dressing (D,G)

add grilled chicken breast or grilled shrimp for additional 10 AED

#### Grilled Chicken Salad\*

67

Grilled chicken breast, baby spinach, mixed lettuce, chopped kale, roasted tomato, broccolini, pumpkin seeds, avocado herb dressing (N,GF)

#### Super Lean Green Salad\*

65

Marinated green lentil, baby spinach, green beans, fresh avocado, tricolor quinoa, roasted beetroot, smoked Dijon vinaigrette (V,GF)

### Flatbread Pizza

#### Margherita Flatbread Pizza\*

53

Mozzarella cheese, fresh bocconcini, fresh basil, tomato sauce, basil pesto (D,N,V,G)

#### Cheese Flatbread\*

56

Mozzarella, gorgonzola, parmesan, bocconcini, mascarpone (D,V,G)

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V-Vegetarian VG-Vegan G-Gluten GF-Gluten Free D-Dairy N-Nuts S- Shellfish

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<b>Truffle Flatbread Pizza*</b>	<b>62</b>	<b>Toasted Cheese &amp; Pastrami Sandwich*</b>	<b>63</b>
Sautéed mushrooms, portobello mushrooms, truffle paste, mozzarella & parmesan cheese, rocket leaves (D,V,G)		Peppered beef pastrami, beef Bresaola, toasted cheddar & Emmental cheese, vine tomato, grain mustard coleslaw, cucumber pickle, seasoned fries (D,G)	
<b>Rove Pepperoni Flatbread*</b>	<b>58</b>	<b>Smoked Salmon &amp; Avocado Open Sandwich*</b>	<b>62</b>
Beef pepperoni, roasted red peppers, Kalamata olives, mozzarella cheese, tomato sauce, fresh basil, oregano (D,G)		Charred bread, lemon olive oil, smoked salmon, smashed avocado, dill & rocket leaves, capers, choice of side salad or fries (G)	
<b>Bresaola Flatbread Pizza*</b>	<b>62</b>	<b>Big Plates</b>	
Air dried salted beef, fresh pears, gorgonzola & mozzarella cheese, rocket leaves, thyme olive oil (D,G)		<b>Lasagne*</b>	<b>74</b>
<b>Garlic Shrimp Flatbread Pizza*</b>	<b>62</b>	Baked layered pasta, slow cooked beef ragù, tomato sauce, béchamel, mozzarella cheese, parmesan cheese, rocket leaves (D,G)	
Shrimp, roasted garlic, mozzarella, feta cheese, capers, fresh dill (D,S,G)		<b>Linguine Parmesan Prawns Pasta*</b>	<b>74</b>
<b>Sandwiches / Burgers</b>		Sautéed butterflied prawns, roasted red pepper, cherry tomato, garlic olive oil, fresh basil, parmesan cheese (D,S,G)	
<b>The Daily Classic Cheese Burger*</b>	<b>68</b>	<b>Orecchiette Bolognese Pasta*</b>	<b>68</b>
Beef patty, aged cheddar cheese, shredded romaine lettuce, tomato, cucumber pickle, secret sauce, seasoned fries, coleslaw, onions on request (D,G)		Beef tenderloin ragù, tomato sauce, fresh basil, parmesan cheese (D,G)	
<b>Crispy Chicken Burger*</b>	<b>64</b>	<b>Grilled Sea Bass Fillet*</b>	<b>89</b>
Crispy chicken breast, melted sharp cheddar cheese, fried onion rings, cos lettuce, BBQ sauce, seasoned fries, coleslaw (D,G)		Lemon marinated sea bass fillet, poached tomato, asparagus tips, capers, lemon (D,GF)	

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### **Pan Fried Salmon Fillet\*** 91

Fresh Norwegian salmon, sautéed Ratte potato, Kalamata olives, sautéed spinach, grilled artichoke, roasted fennel & basil oil (D,GF)

### **Grilled Chicken Breast\*** 87

Sautéed mushrooms, cremini, portobello, shimeji, Enoki, sage cream sauce, long stem broccoli, chicken jus (D,GF)

### **Shish Taouk\*** 86

Arabic marinated chicken skewers, rocket za'atar tomato salad, seasoned fries, garlic sauce, hummus (D,N,GF)

### **Chicken Tikka Biryani\*** 75

Chicken tikka, basmati rice, raita, poppadom, cashew nuts, crispy onion, spicy Indian pickle (D,N,G)

### **Braised Beef Short Rib\*** 93

Parsnip & celeriac purée, roasted root vegetables, beef jus (D,GF)

### **Grilled Beef Tenderloin** 135

9 oz. U.S. Char-grilled beef tenderloin, truffle parmesan mashed potato, roasted heirloom carrots, pepper balsamic jus (D,GF)

### **Ribeye Steak** 131

12 oz. U.S. Ribeye, roasted balsamic vine tomatoes, rocket & parmesan salad, mushroom sauce, French fries (D,GF)

### **Sweet Tooth**

#### **Tiramisu** 35

Vanilla sabayon & creamy mascarpone cheese, homemade savoiardi biscuits, espresso coffee, cocoa dust (D,V,G)

#### **Apple Crumble** 33

Apple crumble, vanilla ice cream (D,V,G)

#### **Ice Cream Sandwich** 31

Choice of chocolate, strawberry or vanilla, sandwiched in chocolate chip cookie, cookie crumbles, fresh raspberry, chocolate sauce (D,V,G)

#### **Berry Bowl** 27

Berries, pineapple, dragon fruit, pomegranate, coconut ice cream, vanilla, mint (D,V,GF)

#### **Scoop of Ice Cream** 12

Chocolate, strawberry, vanilla, coconut (D,V)

### **The Rove Special**

#### **Try the full daily experience** 119

Includes the Market Table, one main dish from the \* items and a soft beverage

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## BEVERAGE MENU

### Refreshments

#### Water

<b>Carafe 1L</b> mineral water	<b>20</b>
<b>WaterFalls</b> 330ml still water	<b>15</b>
<b>WaterFalls</b> 750ml still water	<b>25</b>
<b>WaterFalls</b> 330ml sparkling water	<b>15</b>
<b>WaterFalls</b> 750ml sparkling	<b>25</b>
<b>Aquafina Can</b> 330 still water	<b>15</b>

#### Juices

Orange, pineapple, green apple, carrot, mango & watermelon	<b>30</b>
Chi-coconut water	<b>30</b>

#### Soft Drinks

Pepsi, Diet Pepsi, 7UP, Diet 7UP, Mirinda	<b>20</b>
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#### Breckland Orchard Posh Pops

Sloe & rose lemonade	<b>30</b>
Plum & cherry	<b>30</b>
Cream soda with a splash of rhubarb	<b>30</b>
Zero sugar strawberry & rhubarb	<b>30</b>
Zero sugar elderflower	<b>30</b>
Zero sugar cloudy lemonade	<b>30</b>

### Non-Alcoholic Beer

Leeds Brewery pale ale	<b>35</b>
Lowlander wit beer	<b>35</b>

### Iced Teas

<b>Rove Iced Tea</b> Orange juice, lemongrass, ginger	<b>30</b>
<b>Peach Iced Tea</b> Peach, honey	<b>30</b>
<b>Passion Iced Tea</b> Passion fruit, lemon, sugar	<b>30</b>

### Refreshing Smoothies

<b>Green Machine</b> Spinach, celery, broccoli, mango, banana, pineapple	<b>30</b>
<b>Mango Paradise</b> Mango, pineapple, passion fruit	<b>30</b>
<b>Acai Kick</b> Acai, blueberry, mango, banana	<b>30</b>
<b>Tropi Colada</b> Banana, pineapple, coconut	<b>30</b>
<b>Strawberry Split</b> Strawberry, banana, papaya, cherry	<b>30</b>
<b>MSM</b> Melon, strawberry, mango	<b>30</b>
<b>Berry Smooth</b> Raspberry, blueberry, banana	<b>30</b>

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## BEVERAGE MENU

### Coffee

Espresso, Americano	20
Double Espresso, Cafe Latte, Cappuccino, Café Mocha, Turkish Coffee	24
Substitute dairy with Plenish Milks	
Ask your friendly Rovester for our milk alternatives	5

### TWG Tea

English breakfast	20
Earl grey	20
Chamomile	20
Sencha green tea	20
Royal darjeeling	20
Verbena mint	20

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